



## New Client Questionnaire

### ***Personal Information:***

Name \_\_\_\_\_

Gender \_\_\_\_\_ Age \_\_\_\_\_ Date of Birth \_\_\_\_\_

Phone (cell/work) \_\_\_\_\_ (Home) \_\_\_\_\_

May I contact you and leave messages at one or both of these phone numbers? \_\_\_\_\_ Yes \_\_\_\_\_ No

May I contact you via text message to your cell phone? \_\_\_\_\_ Yes \_\_\_\_\_ No

Address \_\_\_\_\_, City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_, Email \_\_\_\_\_

May I mail you at this address \_\_\_\_\_ Yes \_\_\_\_\_ No; May I email you? \_\_\_\_\_ Yes \_\_\_\_\_ No

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

Relationship to you \_\_\_\_\_

Relationship Status \_\_\_\_\_ How long in relationship? \_\_\_\_\_

Children, if any, ages, and names \_\_\_\_\_

Others living in the home \_\_\_\_\_

Occupation \_\_\_\_\_ Employer \_\_\_\_\_

How long have you worked there? \_\_\_\_\_ How long in this occupation? \_\_\_\_\_

### ***Education:***

What is the highest level of education you have attained? \_\_\_\_\_

Are you currently in school? \_\_\_\_\_ Yes \_\_\_\_\_ No

If you are in college, what are you studying? \_\_\_\_\_

If you have not yet completed high school, what grade are you in now? \_\_\_\_\_

### ***History in Therapy:***

Have you been in therapy before? If so, when and on what issues did you focus? Whom did you see?

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What caused you to seek therapy at this time?

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On what would you like to focus in therapy?

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Assuming that you achieved your goals for coming to therapy, what would some of your gains look like or be?

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***Medical Information:***

Are you taking any medication(s) at this time? \_\_\_\_\_

What medications are you taking and what do they treat?

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Are you taking any psychiatric medication(s) at this time? If so, please list dosages and what each one treats.

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How long? \_\_\_\_\_

Have you suffered any major illness or injury (such as car accidents, head injuries, concussions, falls, etc.) in the past 10 years? \_\_\_\_\_ If so, what (please be specific and include dates)? \_\_\_\_\_

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Primary Physician and Contact Information \_\_\_\_\_

List any significant health issues, if any:

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***Legal and Illegal Substance Use Information:***

Have you ever been treated for drug or alcohol abuse? \_\_\_\_\_ When and in what manner?

Do you currently use illegal drugs? \_\_\_\_\_ What are you using and how much/often?

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Do you drink alcohol? \_\_\_\_\_ If yes, how much and how often do you drink?

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If you are not currently using drugs or drinking alcohol, have you done so in the past 10 years? Yes/No

If yes, what substance was it? \_\_\_\_\_

***Referral Source:***

How were you referred to me? \_\_\_\_\_

If it was on the internet, what search engine and phrases did you use?

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Have you visited my website? \_\_\_\_\_ Yes \_\_\_\_\_ No

If so, was it helpful? \_\_\_\_\_ Yes \_\_\_\_\_ No How so? \_\_\_\_\_

***Financially Responsible Person's Information:***

Name \_\_\_\_\_ Relationship to Client \_\_\_\_\_

Phone (if different from above) \_\_\_\_\_

Address (if different from above) \_\_\_\_\_

If you carry TriWest Insurance, please include the social security number of the insured: \_\_\_\_\_

If you carry Medicare, please include your Medicare number: \_\_\_\_\_